



Circles of Sacred Sound

with

Eleanor Moss Rock

Ongoing Drum Circles
that meet on Second Sundays

at the

Mendocino Recreation & Community Center

998 School Street – corner of School & Pine Streets
Mendocino, California

In the Community Room

The first of these ongoing circles will meet on

Sunday, September 12th

3:00 PM – 5:00PM

Sound Healing Experiences in these Circles will include:

- Drumming, chanting, singing and dancing
- Balancing and aligning the Chakras with Sacred Vowel Sounds
- Finding your voice and voicing the sounds that live within you



Donation: \$10.00
No one turned away for lack of funds

