

# Yoga

C.V. Starr Community Center



Sigrid & Harry Spath Aquatic Facility



**GET STARTED  
TODAY!**

**CERTIFIED, EXPERIENCED YOGA INSTRUCTORS:  
LISA ORSELLI & HANNAH ALEXANDER**

**MONDAY, TUESDAY, THURSDAY: 7 – 8:15AM**

**MONDAY\*, WEDNESDAY: 9:45 – 11AM**

**\*STARTING MARCH 28**

**COST: \$8 DAILY DROP-IN OR \$75 / 10-PUNCH PASS**

**AGES: 16+**



**C.V. STARR COMMUNITY CENTER  
300 S. LINCOLN ST. ~ FORT BRAGG, CA 95437  
707.964.9446 / FAX: 707.964.1813**

**WWW.MENDOCOASTREC.ORG**