

300 S. Lincoln Street ~ Fort Bragg ~ 964-9446

# HOURS

Summer 2010

## Facility & Fitness Room Hours

Monday – Friday	5:30am – 9pm
Saturday	9am – 9pm
Sunday	12pm – 7pm

## Lap Pool

Monday – Friday	6am – 8pm	Lap Swimming
Saturday	10am – 8pm	Lap Swimming
Sunday	1pm – 7pm	Lap Swimming
Monday – Friday	1pm – 4:00pm	Diving Board
Saturday	12pm – 9pm	Diving Board
Sunday	1pm – 7pm	Diving Board

## Leisure Pool

Monday – Friday	7:30am – 9am	Parent & Tot Time *
		Adult Exercise Time
Monday – Friday	11:30am – 1pm	Parent & Tot Time *
		Adult Exercise Time
Monday – Friday	1pm – 4:30pm	Swim, Slide, Splash**
	6:30pm – 8pm	Swim, Slide, Splash**
Saturday	12pm – 9pm	Swim, Slide, Splash**
Sunday	1pm – 7pm	Swim, Slide, Splash**

\* Parents MUST be in the water with children

\*\* All Features Open: slide, lazy river, pool, splash zone

## Resistance Walking in the Lazy River

MUST BE 18 years old

Monday – Friday	8am – 9am
	12pm – 1pm
	5:30pm – 6:30pm
Saturday	11am – 12pm