



# LIFEGUARD PREP CLASS

**Saturdays:**

May 13—June 3

◇ **Saturdays** from 10:00am to 11:30am

**This is a FREE Course for those who sign up for the Lifeguard Class!**

Want to be a Lifeguard but the test feels daunting? This is the class for you. Our trained staff will help guide participants through a series of skills that will encourage and train you for the Lifeguarding pre-requisites. Ages 15+ welcome. Not all days for attendance will be required but will be encouraged.

## LIFEGUARD CLASS

**Monday—Friday**

June 12—June 16 from 9:00am to 5:00pm

If you are 15 or over and looking for a great job, American Red Cross Lifeguard Training is the place to start! Learn all the skills needed to work at the C.V. Starr Community Center.

There is **NO FEE** for those who will be employed by the C.V. Starr Community Center. All other participants will be charged **\$175**.



**Contact Us:**

(707)964-9446

[www.mendocoastrec.org](http://www.mendocoastrec.org)

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